

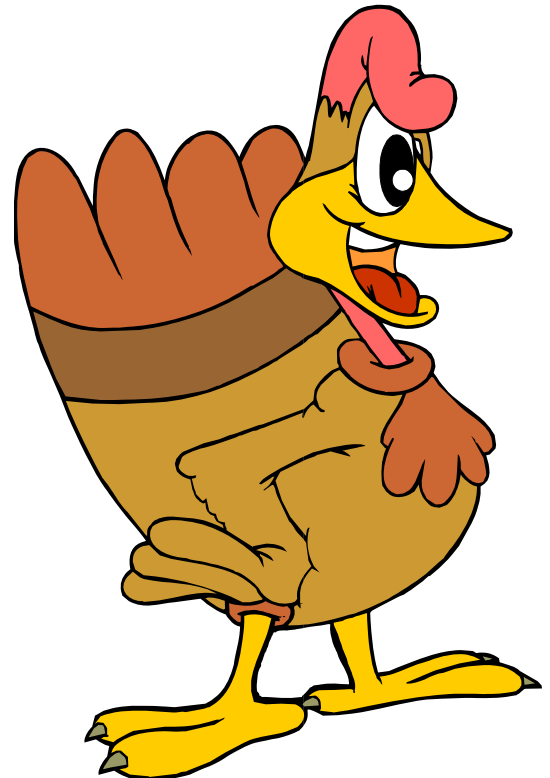
Annual NHS/Families Forward Food Drive- November 2-9

Families Forward has over 1,000 families signed up to be serviced this year for Thanksgiving, last year over 700 families were served. This is the most families they have ever had. This year NHS ASB is asking each Advisement to put together a meal for one family. That would service about 86 families. You can participate in one of two ways. **You can bring in the items on the list of food that is attached or your TA can pull together \$100 in cash or gift certificates so that the meal can be purchased.** For each TA that fulfills one meal or monetary equivalent, there will be a TA prize (To be announced at the next Student Forum meeting).

Food List:

Turkey (Gift Certificate)

- 2 cans of sweet potatoes
- 3 cans of vegetables
- 1 fresh onion (gift certificate)
- 1 bunch of fresh carrot (gift certificate)
- 1 stalk of celery (gift certificate)
- 1 jar of gravy
- 1 can of beef stew
- 1 can tomatoes
- 1 can beans
- 1 box of crackers
- 5 -10 lb bag of potatoes
- 1 can of cranberry sauce or jelly
- 3 cans of fruit
- 1 box of stuffing
- 2 cans of pumpkin pie filling
- 1 can of evaporated milk
- 1 large aluminum turkey pan
- 2 cans of soup
- 2 boxes of Jell-O or pudding



Other things you may include if your TA has a big heart, but will not be counted for competition:

- Laundry soap
- Peanut butter
- Jelly
- Paper Towels (Still in the package)
- Toilet Paper (still in package)
- Breakfast cereal or oatmeal
- Shampoo and conditioner
- Canned Tuna



A few guidelines:

- *Make sure your food is **not expired**. Expired food cannot be handed out.
- *Make sure that you are providing food that you would eat (A good rule of thumb, if you would not eat it, no one else will either)
- *If you are doing gift certificates, please make them in amounts of **no more than \$20 on each card**.

*If you are collecting food, **we have boxes available in the SAC**. Please send a student down to pick one up.

Food or money will be collected next **Friday (11/6) after TA or Monday (11/9)**. This is a great opportunity for NHS to share with families in the community, including families that may be at our school.